

SUPPLICATIONS AT SUNRISE & SUNSET

Too many are the supplications that have been reported from the Holy Prophet and the Holy Imams, peace be upon them, to be said at sunrise and sunset. Besides, verses from the Holy Qur'an and traditions of the Infallibles, peace be upon them, have urged on and awakened desires for the persistence on saying such supplications at these two times of the day. However, let us mention a few number of these authenticated supplications:

First: Master Hadithists have narrated, through authenticated chain of authority (sanad), that Imam Ja'far al-Sadiq(a.s.) said: It is incumbent upon each and every Muslim to repeat the following supplicatory prayer ten times before sunrise and ten times before sunset:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ
يُحْيِي وَيُمِيتُ وَيُبِيْتُ وَيُحْيِي وَهُوَ حَيٌّ لَا يَمُوتُ بِيَدِهِ
الْخَيْرُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ -

According to some narrations, this supplication should be made up if it is missed because it is obligatory.

Second: Through trustworthy chains of authority too, Imam al-Sadiq(a.s.) is reported to have said: Before sunrise and sunset, repeat ten times the following supplicatory prayer:

أَعُوذُ بِاللَّهِ السَّبِيحِ الْعَلِيمِ مِنْ هَمَزَاتِ الشَّيَاطِينِ وَ
 أَعُوذُ بِاللَّهِ أَنْ يَحْضُرُونِ إِنَّ اللَّهَ هُوَ السَّبِيحُ الْعَلِيمُ۔

Third: Imam al-Sadiq(a.s.) is also reported to have said: Nothing should divert you from saying the following supplicatory prayer three times each morning and evening:

اللَّهُمَّ مَقَلِّبَ الْقُلُوبِ وَالْأَبْصَارِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ وَلَا
 تُزِغْ قَلْبِي بَعْدَ إِذْ هَدَيْتَنِي وَهَبْ لِي مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ
 أَنْتَ الْوَهَّابُ وَاجْرِنِي مِنَ النَّارِ بِرَحْمَتِكَ اللَّهُمَّ امْدُدْ لِي
 فِي عُمْرِي وَ أَوْسِعْ عَلَيَّ فِي رِزْقِي وَ انْشُرْ عَلَيَّ رَحْمَتَكَ وَ إِنَّ
 كُنْتُ عِنْدَكَ فِي أَمْرِ الْكِتَابِ شَقِيًّا فَاجْعَلْنِي سَعِيدًا فَإِنَّكَ
 تَمَحُّو مَا تَشَاءُ وَ تُثَبِّتُ وَ عِنْدَكَ أَمْرُ الْكِتَابِ۔

Fourth: Imam al-Sadiq(a.s.) is also reported to have instructed to say the following supplicatory prayer each morning and evening:

الْحَمْدُ لِلَّهِ الَّذِي يَفْعَلُ مَا يَشَاءُ وَ لَا يَفْعَلُ مَا يَشَاءُ
 غَيْرُهُ الْحَمْدُ لِلَّهِ كَمَا يُحِبُّ اللَّهُ أَنْ يُحْمَدَ الْحَمْدُ لِلَّهِ كَمَا هُوَ
 أَهْلُهُ اللَّهُمَّ اذْخِلْنِي فِي كُلِّ خَيْرٍ اذْخَلْتَ فِيهِ مُحَمَّدًا وَ آلَ

مُحَمَّدٌ وَ أَخْرَجْنِي مِنْ كُلِّ شَرٍّ أَخْرَجْتَ مِنْهُ مُحَمَّدًا وَ آلَ
مُحَمَّدٍ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ وَ آلِ مُحَمَّدٍ

Fifth: Repeat the following litany ten times each morning and evening:

سُبْحَانَ اللَّهِ وَ الْحَمْدُ لِلَّهِ وَ لَا إِلَهَ إِلَّا اللَّهُ وَ اللَّهُ أَكْبَرُ -

Dua al-Ashraat, which will be later on cited in this book, is one of the supplications to be advisably said each morning and evening.